



Keystone Youth Football & Cheerleading League

## **LOPSIDED/INTENTIONALLY RUN UP SCORES**

The Executive Board will be responsible for monitoring and recommending penalties for lopsided/intentionally run up scores using the following basis:

A starting player is defined as:

- Player who began the game playing a position or has played the majority of the snaps. This prevents coaches from starting player “a”, so he is labeled a starter then after one or two plays inserting player “b” who is the true starter.

Once a 30-point difference is obtained between the two opponents:

- the league reported score will be captured at that point in the game, and game play will continue for the remaining time under the lopsided rules
- there will be no blitzing by the winning team
- the winning team cannot pass the ball or run outside the tackles
- there will be no onside kicks attempted by the winning team
- the winning defense team cannot advance the ball on a turnover – ball will be blown dead immediately. Winning team offense may start play action from this point.
- teams are still required to complete the mandatory play rule

Once a 30-point difference is obtained between the two opponents, if team has 22 or more players:

- the winning team must take out its entire first string, both offense and defense
- first-string players (played the majority of the game) may give replacement players breaks, but they may not play their starting positions and they cannot stay in the game for longer than 2 plays consecutively

Once a 30-point difference is obtained between the two opponents, if team has less than 22 players,

- Substitution of players should proceed in the following manner for offense and defense
  - Offense: QB (1<sup>st</sup>); RBs (2<sup>nd</sup>); Offensive lineman (3<sup>rd</sup>);
  - Defense: LB’s (1<sup>st</sup>); DL (2<sup>nd</sup>); DB (3<sup>rd</sup>)
- Every attempt should be made to substitute in that order first with players off of the bench and after that, players may be played out of position
- Example: team of 19 players and spread of 30 points, all additional 8 players must be inserted before any remaining starters will be played out of position.

Specializing players in one single position is inconsistent with the purposes and goals of the KYFCL. Under lopsided play, ideally, the winning team should experience little difficulty or problem in keeping with the policy. If there are not a sufficient number of players to replace all starters, the few that remain must be shifted around to various positions, in a concerted effort to weaken the winning team and to allow the losing team the opportunity to score with dignity.